

**Role Title:** Volunteer Assistant for Wildlings Baby Group

**Purpose:** To assist with our Wildlings Baby Group session including set-up and tidying up afterwards.

**Type of Employment:** Voluntary.

**Volunteering Hours:** 2-2.5 hours from around 11.30/12-2pm on Tuesdays during term time. A regular commitment would be preferable.

**Duration:** Long-term, ongoing.

**Background:** Being a new parent can be overwhelming, connecting with the wider community is essential for mental health during this time. At Milton Country Park, our Wildlings group offers this opportunity in the outdoors and allows parents time to be themselves while providing stimulating experiences for their little one.

Our Wildlings baby group meets in the Wild Place to provide a friendly, sociable and nurturing environment for new parents and their children. The session is run by a trained leader but a volunteer role is available for someone who is keen to help out

**Main Duties:** Assisting session lead with set-up, serving tea and cake or biscuits to adult participants, facilitating chats and helping with pack-down at the end of the session.

**Special Requirements:** Appropriate clothing and footwear should be worn at all times (e.g. closed toed shoes and suitable protection from the weather).

**Reporting to:** Activities Manager

**Skills/Qualifications/Health criteria:**

*Essential*

- Interest in being outdoors and young children
- Ability to make tea and serve cake

*Desirable but not essential:*

- First aid qualification
- Interest in baking cakes

**Personal Qualities:**

- Friendly and patient
- Love of the outdoors and children

**Potential Risks:** Contact with young children always comes with a risk of catching a cold or similar, this is lower being outdoors.

**What to do if interested:** Contact [nikki@cambridgesportlakes.org.uk](mailto:nikki@cambridgesportlakes.org.uk)

