Purpose: To lead our You Can Bike Too sessions, providing the community with accessible bikes. Full training is provided



Type of Employment: Voluntary.

Volunteering Hours: Around 3 hours on a Sunday morning whenever you can spare it between April and December, preferably at least once every 4-6 weeks.

Duration: Long-term, ongoing.

Background: You Can Bike Too is Milton Country Park's accessible cycling scheme. Taking place on a Sunday morning, we have bicycles suitable for all ages and abilities, specialising in cycles to allow those who may not otherwise be able to access the sport to get out on two or more wheels.

Main Duties: As a session lead you will be responsible for ensuring that the bikes are brought safely out of and returned to their storage container, talking to participants including safety briefings, taking money if required and looking after other volunteers. In case of an emergency you will coordinate with the Duty Manager as required. You will not be responsible for participants at any time as this is not a led activity and they remain responsible for themselves or with their carers.

Special Requirements: Appropriate clothing and footwear should be worn at all times (e.g. closed toed shoes and suitable protection from the weather).

Reporting to: Activities Manager

Skills/Qualifications/Health criteria:

Essential

- Interest in cycling and helping others
- First Aid qualification (provided if required)
- Safeguarding qualification (provided if required)
- Physically able to move bikes and equipment safely (training provided)

Desirable:

- Experience working with people with SEND
- Interest in fixing and maintaining bikes

A DBS check and two character references will be required for this role due to the nature of the participants.

Personal Qualities:

- Friendly and patient
- Good organisation, punctual and flexible
- Strong communication and interpersonal skills for a wide range of audiences
- Ability to work in a way that promotes the safety and well being of children, young people and vulnerable adults

Potential Risks: This role involves physically moving bicycles in and out of the containers. Manual handling training will be provided but volunteers must understand their limits and seek help if required. A Duty Manager will be around at all times to provide help and support if required.

What to do if interested: Contact nikki@cambridgesportlakes.org.uk